



Vanilla Latte Smoothie

INGREDIENTS:

1 cup unsweetened vanilla almond milk

2 scoops Natural PureNourish Protein Powder

1/2 frozen banana

½ cup coffee

1/4 teaspoon pure vanilla extract

1/2 cup crushed ice

Stevia is wanted sweeter; personal preference

INSTRUCTIONS:

Place all ingredients in a blender and process until smooth. Serve immediately.