



Oatmeal Energy Bites

Ingredients:

1 cup rolled oats

1/2 cup almond butter (or substitute peanut butter)

1/2 cup organic dairy free chocolate chips

1/3 cup raw honey

1/4 cup ground flaxseed

INSTRUCTIONS:

In a large bowl, mix all ingredients together. Roll out teaspoon sized balls and place on a baking sheet covered with parchment paper. Freeze until set about one hour. Enjoy and keep leftovers in a Ziploc bag in fridge or freezer. *Makes about 20-24 energy bites.*