



Broccoli Salad

Ingredients:

2 heads fresh broccoli,
chopped
1 head fresh cauliflower,
chopped

1/2 cup chopped red pepper
1/2 cup chopped green pepper
1/2 red onion, chopped
1 cup tomatoes, chopped
1 large carrot shredded

****Mix all ingredients in a large bowl.**

Dressing:

2 avocados
1/4 cup fresh lemon juice
2 tsp sea salt
Mix in a food processor then toss into salad.

Refrigerate until serving.