



Almond Joy Smoothie

Ingredients:

2 scoops of Natural PureNourish Protein Powder

1 scoop Cocoa Power Boost (2 scoops for extra chocolate)

½ Cup of Almond/Coconut Blend Milk

1 scoop of ice

½ banana

2 tbsp. Unsweetened coconut flakes

INSTRUCTIONS: Put all into a blender and blend until smooth. Top of coconut flakes and slivered almonds!